

Support Parent Training

Family Support Network will be offering a Support Parent Training Workshop on Saturday, February 18th, from 8:30 a.m.-1:00 p.m. Free, on-site respite care will be offered, but you must register by February 14, 2006.

The purpose of the workshop is to orient/train parents who have “been there” so that they may support others by helping them cope with the initial shock and day-to-day challenge of a child with special needs. If you feel that you would like to help another parent by lending an ear through a difficult period, please join us to better prepare yourself by gaining pointers from other experienced support parents.

For more information or to register for the workshop or child care, please call Rene’ Morrison at (919) 662-4600, ext. 257 or email rene@familysupportonline.com

17th Annual

Leo M. Croghan Conference

The Leo M. Croghan Conference on Developmental Disabilities will be held December 5 and 6, 2005 in Raleigh at the North Raleigh Hilton. Parent stipends are available for parents of children birth—five. For more information, visit their website at www.croghanconference.org

Cookies & Cocoa with Santa for Children with Disabilities & their families

Yes, you read that correctly – “**Cookies and Cocoa with Santa.**” Family Support Network of Wake County is ready to do our 9th annual event with Santa. This year, however, we will be hosting the event in the afternoon instead of the morning; therefore, **Cookies and Cocoa with Santa.** Everything will be the same with the exception of the time frame. The new event will be held from 2:00 – 5:00 p.m.

FSN/WC sponsors this holiday event every year for families who have children with special needs. We have found in the past that a private event helps alleviate some of the stress around the holidays. It is a time when the entire family—children with special needs, their siblings, and mom and dad—can come to see Santa and have fun.

There will be no need to take your children to the mall and worry that all the stimulation will make them overreact, no need to wait in line for 30 minutes to sit on Santa’s lap, and most of all, no need to worry if the people around you will understand your child. Families will be able to come and have treats, make crafts, play games, visit with Santa, receive a gift, and have their picture taken with Santa. Moms and dads will be able to relax and know that their children are understood and loved by all.

Please join us on Saturday, December 3rd from 2:00 – 5:00 p.m. at Brooks Avenue Church of Christ for “**Cookies and Cocoa with Santa.**” The event is free. No reservations are required.

FSN/WC will be raffling off some large gift items for parents and children at the event. Tickets will cost \$5.00 each



Saturday, December 3rd, 2005

2:00—5:00 p.m.

**Location: Brooks Avenue Church of Christ
700 Brooks Avenue, Raleigh**

Directions: From 440 (Beltline), exit Wade Ave. towards downtown Raleigh. Turn right at Brooks Ave. (stop light). The church is located on the left at the corner of Brooks Ave. & Rosedale Street.

Ways to Support FSN/WC so We Can Help Others

- Donation in memory/honor of a loved one this holiday season
- Sponsor a Holland Tour Group Meeting
- Sponsor whole/part of the cost of our quarterly newsletter
- Volunteer to be a Support Parent
- Donate items for “**Cookies and Cocoa with Santa**”
- Food Lion Shop and Share Program—Link to FSN/WC at www.foodlion.com—Log on under Raleigh





Thank you

During this time of giving thanks, Family Support Network of Wake County would like to thank the following who have made generous donations of their time and gifts.

- | | | | |
|----------------------|-------------------------|------------------------|--------------------|
| Michelle Armistead | Martha Lee Ellis | Diane Kennedy | Susan Peeler |
| Carla Bass | Laura Fischler | Jodi Kopala | Leah Player |
| Stephanie Boylan | Melanie Frisk | Kaitlyn Kopala | Marie Pruitt |
| Terry & Sandy Boylan | Lynn Gregorio | Aletha Kvanvig | Elaine Quinn |
| Vikki Brock | Matt Grieves | Jane Dove Long | Nancy & Mark Ranta |
| Cecil Brooks | Beth Griffin | Laura Lewis | Arlene Redgate |
| Debra Brooks | Diane & Robert Grimyser | Joseph & Connie Magaro | Rosemary Redgate |
| LaVisa Brooks | Lynn Guerrero | Ruby Massey | Steve Restivo |
| Lorraine Brooks | Julia Haskett | Larry McDonald | Scott Ruppert |
| Gracie Brown | G. Harding | Sandy McMillan | Teri Tapp |
| Regina Caulker | Melissa Henry | Shannon Metzger | Cindy Toomey |
| Danielle Cooper | Harvey B. Hill Jr. | Wendy Morgan | Cheryl Upchurch |
| Sara Dara | Vince Hoefling | Bob Morrison | Lydia Voorheis |
| Robin Deal | Jamie Horton | Rene' Morrison | Jill Walden |
| Celia Dean | Donathan Hudgins | Corinna Nichols | Sabrina Wells |
| Lois Edwards | Sarah & Jay Keller | Julie Osborne | Lana Wray |

Family Support Network of Wake County is affiliated with Family Support Network of North Carolina

If you would like to receive an electronic copy (PDF Version) of our quarterly newsletter please e-mail us at jodi@familysupportonline.com.

Occupational Therapy

Speech & Language Therapy

Celebrating 20 years of making a difference for children, adults, and their families.

We provide evaluation and treatment of children with:

- ADD/ADHD
- Auditory processing difficulties
- Autistic spectrum disorders
- Behavior problems
- Dyspraxia
- Fine motor and gross motor delays
- Learning disabilities
- Lack of coordination disorder
- Language disorders
- Sensory integration dysfunction



Developmental Therapy Associates, Inc.
 3514 University Drive
 Office #8
 Durham, NC 27707
 (919) 493-7002
 Fax (919) 403-1407
 3500 Regency Parkway
 Suite C
 Cary, NC 27511
 (919) 465-3966
 Fax (919) 465-3886
developmentaltherapy.com

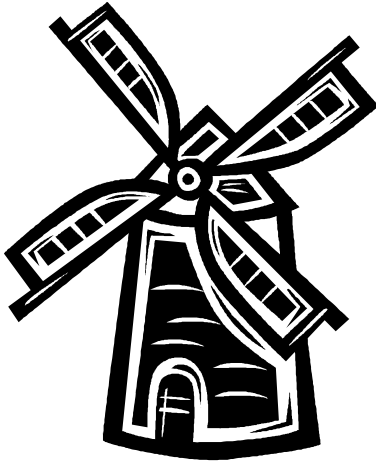
Programs include:

- Auditory Integration Therapy
- Therapeutic Listening
- Craniosacral Therapy
- Cranial-Electrical Stimulation
- Treatment Intensives
- Bike Riding
- Listening Fitness Training®
- Interactive Metronome®
- Infant Massage
- Summer Camp
- Handwriting Clinics

“Holland Tour Group” Gatherings

*Brooks Avenue Church of Christ
700 Brooks Ave., Raleigh*

Sponsored by Family Support Network/WC



Based on the “Welcome to Holland” story, these parent gatherings are designed to bring together families of children with special needs for information sharing and social time. Meetings are held on the 3rd Tuesday of every month.

- 6:30 – 7:00 Dinner and social time—bring a sandwich, and we’ll provide drinks and dessert
- 7:00 – 7:45 Speaker
- 7:45 – 8:00 Wrap-up

- 1/17/06 Helping my child who has **Sensory Integration Dysfunction**
- 2/21/06 **Summer Survival Tips and Resources in Wake County**—Most Camps start registration in March
- 3/21/06 **Future Planning for My Child with Special Needs**—It’s never to early to start thinking about it!
- 4/18/06 **Church/Faith Community Inclusion**—Panel discussion of how families and churches have successfully included the special needs community.
- 5/16/06 **Apraxia/Dyspraxia**—What are they? What’s the difference? What do I do?

Free on-site childcare is available at all meetings; however, because of funding cuts, we can only provide care for the first five children signed up. Sign up early! For more information or to reserve child care, please contact Rene’ at (919) 662-4600 or rene@familysupportonline.com.

Note: The months of January--March can sometimes bring bad weather. If questionable, please call our office at (919) 662-4600, ext. 257 for the latest on cancellations.

Disclaimer

The Family Support Network newsletter is an informative paper that is published for parents who have children with special needs and for professionals who work with those children. Family Support Network of Wake County does not endorse any particular group or advertiser.



A portion of services provided by FSN/WC are made possible by our funding partner, Wake County SmartStart, an organization that ensures children are prepared for success in school and life.

Family Support Network of Wake County Board of Directors

MISSION STATEMENT

SUPPORTING, EDUCATING, AND INFORMING FAMILIES OF CHILDREN WITH SPECIAL NEEDS

Debby Brooks.....	Board Chair, Parent	Debbie Moyer.....	Professional
Arlene Redgate	Vice Chair, Professional	Leah Player.....	Parent
Sandy McMillan.....	Treasurer, Parent	Nancy Ranta.....	Parent
Laura Lewis	Secretary, Parent/Prof.	Mabel Dillard	Ex-Officio Member, Parent
Carla Bass.....	Parent/Professional	Lydia Voorheis	Ex-Officio Member, Parent
Stephanie Boylan... ..	Parent	Rene’ Morrison	Program Director, Parent
June Cherry.....	Professional	Sara Dara	Outreach Coordinator, Parent
Dr. Donathan Hudgins..	Professional	Jodi Kopala	Program Assistant
Christine Kent	Professional		



NONPROFIT ORG.
U.S. POSTAGE
PAID
RALEIGH, NC
PERMIT NO. 1032

P.O. Box 5567
Cary, NC 27512-5567
(919) 662-4600 x257

RETURN SERVICE REQUESTED



We provide warm and personal service to children and families in a comfortable environment.

We view parents as partners.

Our newly expanded facilities allow us to offer flexibility in scheduling and treatment options.

We Provide:

- Psychological Testing
- Behavior Therapy
- Family and Marriage Counseling
- Occupational Therapy
- Speech Therapy

Our staff is skilled and experienced in working with children with Autism Spectrum Disorder, Learning Disabilities, ADHD, Down Syndrome, Auditory Processing Disorder, and Dyspraxia.

Glenwood Place - Chatham Building • 3716 National Drive • Suite 124
Raleigh, NC 27612 (near Crabtree Valley Mall)

(919) 783-8846